**Resources Available During Coronavirus Crisis**

Tip: FOODLAND has special hours for seniors, March 19 – 31.

Tip: TARGET First hour every Wednesday is reserved for those who are most vulnerable (high risk people). Stores will also be closing early (9 PM) so employees can restock shelves for the next day.

Tip: WALMART Also offering “kupuna shopping time” every Tuesday from 6-7 AM starting March 24th till April 28th for customers 60 and older.

Tip: Travel on Piʻilani Highway from ʻUlupalakua to Kīpahulu and on Kahekili Highway from Waiheʻe to Kahakuloa village and Hāna Highway from Kaupakalua Road to Hāna Town is only closed to NON-RESIDENTS

Tip: Hawaiian electric company will be suspending service disconnections for 30 days so people don’t have to worry about losing electric.

Tip: Maui food bank is still operational.

Tip: SBA Economic Injury Disaster Loan Program is opening soon.

**RESOURCES**

**Centers for Disease Control** **and Prevention**  
[https://www.cdc.gov/coronavirus/2019-ncov/index.html](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://www.cdc.gov/coronavirus/2019-ncov/index.html)

[Guidance on Large Gatherings and Events](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://www.cdc.gov/coronavirus/2019-ncov/downloads/Mass-Gatherings-Document_FINAL.pdf) (updated 3/16/20)

**World Health Organization**

**1 (202) 974-3000**[www.who.int/health-topics/coronavirus](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=http://www.who.int/health-topics/coronavirus)

**U.S. Travel Association**

**(202) 408-8422**[https://www.ustravel.org/toolkit/emergency-preparedness-and-response-coronavirus-covid-19](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://www.ustravel.org/toolkit/emergency-preparedness-and-response-coronavirus-covid-19)**Hawaii State Department of Health**

**(808) 586-4400**  
[hawaiicovid19.com](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://hawaiicovid19.com/)

[FAQ Sheet: COVID-19 (English)](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://health.hawaii.gov/docd/files/2020/01/2019_nCoV_FAQ.pdf) (updated 3/15/20)([Chinese - Simplified](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://health.hawaii.gov/docd/files/2020/02/COVID-19_FAQs_CHINESE_SIMPLIFIED.pdf)) ([Chinese - Traditional](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://health.hawaii.gov/docd/files/2020/02/COVID-19_FAQs_CHINESE_TRADITIONAL.pdf)) ([Japanese](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://health.hawaii.gov/docd/files/2020/02/COVID-19_FAQs_JAPANESE.pdf)) ([Ilocano](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://health.hawaii.gov/docd/files/2020/02/COVID-19_FAQs_ILOCANO.pdf)) ([Korean](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://health.hawaii.gov/docd/files/2020/02/COVID-19_FAQs_KOREAN.pdf))

[Flyer: COVID-19 "What You Need to Know" (English)](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://health.hawaii.gov/docd/files/2020/01/2019-nCoV-flyer-what-you-need-to-know.pdf) (updated 3/5/20)([Chinese - Simplified](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://health.hawaii.gov/docd/files/2020/01/2019-nCoV-flyer-what-you-need-to-know.pdf)) ([Spanish](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet-sp.pdf))

[Flyer: What To Do If You're Sick or Think You Have COVID-19](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://health.hawaii.gov/docd/files/2020/01/2019-nCoV-if-you-are-sick.pdf) (updated 2/5/20)

**Hawaii State Department of Transportation**[https://hidot.hawaii.gov/coronavirus/](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://hidot.hawaii.gov/coronavirus/)

**Department of Business, Economic Development & Tourism**  
[Daily Visitor Statistics: http://dbedt.hawaii.gov/visitor/daily-passenger-counts/](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=http://dbedt.hawaii.gov/visitor/daily-passenger-counts/)

**County Information - Oahu, Kauai, Maui, Island of Hawaii**County Emergency Management Agencies and Notifications: [http://dod.hawaii.gov/hiema/get-ready/](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=http://dod.hawaii.gov/hiema/get-ready/)

* City and County of Honolulu: [www.honolulu.gov](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=http://www.honolulu.gov)
* Kauai County: [www.kauai.gov/COVID-19](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=http://www.kauai.gov/COVID-19)
* Maui County: [www.mauicounty.gov/2370/COVID-19-Coronavirus-Information](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=http://www.mauicounty.gov/2370/COVID-19-Coronavirus-Information)
* County of Hawaii: [www.hawaiicounty.gov/coronavirus](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=http://www.hawaiicounty.gov/coronavirus)

**Hawaii Foodbank -** [**Oahu**](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=http://www.hawaiifoodbank.org/Websites/foodbank/images/Oahu%2520Food%2520Assistance%2520Handout%2520090419.pdf) **and** [**Kauai**](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=http://www.hawaiifoodbank.org/Websites/foodbank/images/HawaiiFoodbank_Kauai_EmergencyFoodAssistance_Handout_090919.pdf)

**Restaurants still open for takeout:**

1. Mediterranean Grill; Haiku
   1. 808-868-3518
   2. 10:30 AM – 8:30 PM
      1. Closed on Tuesdays
2. Paia Fishmarket; Front Street, Lahaina
   1. 808-662-3456
   2. 10:30 AM – 9:30 PM
3. Lineage; South Maui
   1. 4 PM – 8 PM
4. Moku Roots; Lahaina
   1. Jksjks
   2. 10:30 AM – 3 PM
   3. Call 808-214-5106 when in parking lot to have food delivered
5. Slappy Cakes; Lahaina
6. A Saigon Café; to go only
7. Longhi’s; Wailea
   1. Takeout and curbside pickup by call in only
8. Honolulu Coffee
   1. 6:30 AM – 12 PM
9. Ruth’s Chris
   1. Offering 25% off takeout orders $75 or more by calling only: valid through May 11th
10. Teddy’s Burgers
    1. Normal hours, call to place orders

THERE ARE MORE BUT I STOPPED HERE CAUSE ITS LESS IMPORTANT

**Essential activities, which are exempt from the rules, include:**

1. Tasks essential to maintain health and safety, such as obtaining medicine or seeing a doctor;
2. Getting necessary services or supplies for an individual or that individual’s family or household members, such as getting food, pet food, and supplies necessary for staying at home;
3. Engaging in solitary or small group outdoor activity, such as walking, hiking, running or golfing provided that you maintain at least six feet of social distancing; (parks and beaches and bathrooms still open).
4. Performing work related to operation of an essential business or essential government function (defined below);
5. Caring for a family member in another household;
6. Caring for elderly, minors, dependents, person with disabilities, or other vulnerable persons.

**Exemptions that relate to operation of essential business functions include:**

1. Healthcare operations, including home health workers;
2. Essential infrastructure, including construction of housing and operation of public transportation and utilities;
3. Businesses that provide necessities of life for economically disadvantaged individuals and shelter facilities;
4. Pharmacies, health care supply stores, and health care facilities;
5. Gas stations and auto repair facilities;
6. Banks;
7. Rubbish collection;
8. Hardware stores, plumbers, electricians, and other service providers necessary to maintain the safety, sanitation, and essential operation of residences and businesses;
9. Laundromats and laundry service providers;
10. Businesses that primarily ship or deliver groceries, food, and goods;
11. Childcare facilities providing services that enable essential employees to go to work;
12. Roles required for any Essential Business to “maintain basic operations,” which include security, payroll, and similar activities. (News Stations, Police, and Fire Safety etc.)

**DOH Launched New, Dedicated COVID-19 Website**

<https://hawaiicovid19.com/>

Call 211 for any COVID-19 questions

People can sign up for public notifications at [https://health.hawaii.gov/news/covid-19-updates/](https://www.hawaiitourismauthority.org/speedbump/?targetUrl=https://health.hawaii.gov/news/covid-19-updates/).

**FEDERAL UPDATES: On Thursday March 19, 2020, OPM issued an updated fact sheet including additional guidance in connection with the COVID-19 emergency:**

<https://www.opm.gov/policy-data-oversight/covid-19/fact-sheet-additional-guidance-in-connection-with-the-covid-19-emergency/>

**Hawaii Federal Health Care Providers Updates for Members Regarding COVID-19**:

* **HMSA issues updated guidance – please download here**: [HMSA Coronavirus Update – March 2020](https://honolulu-pacific.feb.gov/wp-content/uploads/2020/03/HMSA-Coronavirus-News-Release-March-2020_.pdf)
  + **808-**948-6111
* **Employees can get the most current guidance here:** <http://hmsa.com/federalplan>
* **Employers can get guidance here**:  <https://hmsa.com/help-center/coronavirus-update-for-employers/>
* **Important Coronavirus (COVID-19) Information for Kaiser Permanente Members – please download here:** [Kaiser Guidance for Federal Employees](https://honolulu-pacific.feb.gov/wp-content/uploads/2020/03/Priority-Account-Notification-Letter-031920_Federal-Groups.pdf)
  + Oahu: 808-432-2000
  + Maui/Molokai/Lanai: 808-243-6000
  + Hawaii Island: 808-334-4400
  + Kauai: 808-246-5600
  + TTY: 711
* **Kaiser Federal Employee Health Benefits Plan:**  <https://healthplans.kaiserpermanente.org/federal-employees-fehb/>

### ****For those with Medicare:****

### ****Medicare covers related needs****

* Medicare covers the [lab tests for COVID-19](https://www.medicare.gov/coverage/coronavirus-test). You pay no out-of-pocket costs.
* Medicare covers all [medically necessary hospitalizations](https://www.medicare.gov/coverage/inpatient-hospital-care). This includes if you're diagnosed with COVID-19 and might otherwise have been discharged from the hospital after an inpatient stay, but instead you need to stay in the hospital under quarantine.
* At this time, there's no vaccine for COVID-19. However, if one becomes available, it will be covered by all [Medicare Prescription Drug Plans (Part D)](https://www.medicare.gov/drug-coverage-part-d).
* If you have a [Medicare Advantage Plan](https://www.medicare.gov/sign-up-change-plans/types-of-medicare-health-plans/medicare-advantage-plans), you have access to these same benefits. Medicare allows these plans to waive cost-sharing for COVID-19 lab tests. Many plans offer additional telehealth benefits beyond the ones described below. Check with your plan about your coverage and costs.
* Scammers may use the coronavirus national emergency to take advantage of people while they’re distracted. As always, guard your Medicare card like a credit card, check Medicare claims summary forms for errors, and if someone calls asking for your Medicare Number, hang up!

### ****Telehealth & related services****

“Medicare has temporarily expanded its coverage of [telehealth services](https://www.medicare.gov/coverage/telehealth) to respond to the current Public Health Emergency. These services expand the current telehealth covered services, to help you have access from more places (including your home), with a wider range of communication tools (including smartphones), to interact with a range of providers (such as doctors, nurse practitioners, clinical psychologists, and licensed clinical social worker). During this time, you will be able to receive a specific set of services through telehealth including evaluation and management visits (common office visits), mental health counseling and preventive health screenings. This will help ensure you are able to visit with your doctor from your home, without having to go to a doctor’s office or hospital, which puts you and others at risk of exposure to COVID-19.”

**Information on Stimulus Checks from the President**

The Treasury secretary told Fox Business on March 19 that the plan would include $1,000 per person, $500 per child or $3,000 for a family of four. Should the plan pass through Congress, the first checks could be sent three weeks from now, possibly on April 6.

How to receive a check? It’s most likely that only those who are American citizens that have paid taxes will be sent a check addressed through their tax address. For those who are unable to pay taxes, there is uncertainty and no guarantee they will receive one.

DEMOCRATS VOTED AGAINST THE PACKAGE|Republicans will try for a second package

**TAXES: Taxes have been moved to be due by July 15th instead of April 15th**

Hawaii HI DOT Website (3/20/20)

“DOTAX Operational Status as of March 18, 2020 (8AM): DOTAX is using caution to maintain Normal Operations to process returns, payments, and refunds and provide taxpayer services. Offices are CLOSED to the public. Please use secure web messaging on Hawaii Tax Online or call us at (808) 587-4242 -- Any returns or payments can be dropped off in the drop box outside the building. Form N-11 (Hawaii Resident Income Tax Return) can be filed for free on Hawaii Tax Online. Click here for DOTAX updates regarding COVID-19. COVID-19 March 19, 2020 Department of Taxation Notice – March 19, 2020 - “DOT in person services are suspended. To prevent the spread of COVID-19 virus, the Department requests that you do the following:

• Visit us online at http://tax.hawaii.gov for information and forms. • File returns and pay taxes online at http://hitax.hawaii.gov . • Deposit tax returns and/or tax payments in the “State Tax Office Drop Box”. • Pick up frequently used forms located on the shelf. If you need assistance call (808) 587-4242 and tell the operator your situation. A determination will be made if an in-person meeting is required.” Legislature: The Legislature is currently in recess. No hearings will be scheduled until further notice. COVID-19 Advisory – March 18, 2020 Last Updated

NOTE: Information is constantly changing based on restrictions added day by day, these are as current as I could find.